

Where there is love there is LIFE!
Only a LIFE lived for others is a life worthwhile!
Peace begins with a SMILE!

Happy New Year, Friends.

As some of you may or may not know (or may or may not care), I just returned from a trip to Guatemala this past weekend. It was amazing. I went with a group of really awesome people to work at an orphanage along the Rio Dulce. I'm not sure where to even begin...

While there we helped construct a new greenhouse that the orphanage will use to grow necessary vegetables for meals and such. It was a lot of really strenuous work, but really gratifying. In the end it was pretty amazing to see all that we accomplished in such a short amount of time. Working out there in the jungle was a real eye-opening experience. It really shows that there is so much that we take for granted on a daily basis.

Okay, I'll stop preaching, but take my word for it... If you get the chance to go and do something like that, do it! You won't regret it. If you're interested in getting in touch with the organization that I went with, don't hesitate to drop me a line.

~ Fred Housel